# The Do’s & Don’ts of Sustainable Selection

## Food & Beverage Products

### Cold Cups
- **7 oz or larger including lids**
  - Plastic labeled with: 🌿
  - Reusable
  - **Yes**
  - Polystyrene (a.k.a. Styrofoam™)
  - Plastic that may be labeled: 🌿, 🌿, 🌿, 🌿, 🌿, 🌿
  - Plastic look-alike compostable cups
  - **No**

### Cold Cups
- **smaller than 7 oz including lids**
  - Paper (inside lined with plastic)
  - Paper (inside lined with compostable plastic)
  - Paper-like “BPI certified compostable”
  - Reusable
  - **Yes**
  - Polystyrene (a.k.a. Styrofoam™)
  - Any plastic (may be labeled: 🌿, 🌿, 🌿, 🌿, 🌿, 🌿)
  - Plastic look-alike compostable cups
  - **No**

### Hot Cups
- **including lids**
  - Paper (inside lined with plastic)
  - Paper (inside lined with compostable plastic)
  - Paper-like “BPI certified compostable”
  - Reusable
  - **Yes**
  - Polystyrene (a.k.a. Styrofoam™)
  - Paper cup with plastic insulated foam outer layer
  - **No**

### Condiment & Sample Cups
- Paper (inside lined with plastic)
- Paper (inside lined with compostable plastic)
- Paper-like “BPI certified compostable”
- Reusable
- **Yes**
- Polystyrene (a.k.a. Styrofoam™)
- Any plastic (may be labeled: 🌿, 🌿, 🌿, 🌿, 🌿, 🌿)
- Plastic look-alike compostable cups
- **No**

### Utensils
- “BPI certified compostable”
- Wooden chopsticks / skewers / stir sticks
- Reusable
- Go utensil-less with finger foods
- **Yes**
- Any plastic (may be labeled: 🌿, 🌿, 🌿, 🌿, 🌿, 🌿)
- Non “BPI certified compostable” plastic
- **No**

### Plates, Bowls, Boats, Clamshells
- Paper (inside lined with plastic)
- Paper (inside lined with compostable plastic)
- Paper-like “BPI certified compostable”
- Reusable
- **Yes**
- Polystyrene (a.k.a. Styrofoam™)
- Any plastic (may be labeled: 🌿, 🌿, 🌿, 🌿, 🌿, 🌿)
- Plastic look-alike compostable products
- **No**

### Wraps & Food Sheets
- Paper
- Aluminum foil
- “BPI certified compostable”
- **Yes**
- Non “BPI certified compostable” plastic
- Composite products (paper lined foil)
- **No**

You can select any facility that can recycle or compost the above products in the YES column.
For more information on “BPI certified compostable” visit: [http://www.bpiworld.org/](http://www.bpiworld.org/)