HANDBOUTS

Parks and Recreation Commission

Wednesday, May 3, 2017
5:30 P.M.

City Hall
Room W 118 & 119
200 E. Santa Clara Street
San Jose, CA 95113

District 1  Daphna Woolfe
District 2  Vacant
District 3  Adelina Del Real
District 4  Barinder Ahluwalia
District 5  Vacant
District 6  Demerris Brooks-Immel
District 7  Trami Cron
District 8  Chet Mandair
District 9  Rudy Flores, Chair
District 10  Brian Quint, Vice Chair
Citywide  Virginia Thomas

Councilmember Tam Nguyen,
Council Liaison

Angel Rios, Jr., Director, PRNS
BAWT DISCOVERY SESSIONS:
Third Wednesdays of the month at 6 PM, Oakland
Discovery Sessions are informational and inspirational orientations to the work we do, and why we do it. Tour the office and gear room and find out how to get involved. Stay for pizza, refreshments and volunteering fun! Visit www.bawt.org/discovery for specific dates and to RSVP.

GEAR CORPS: Most Wednesdays 6 PM to 8.30 PM, Oakland
On Wednesday nights, we keep the Gear Library open late. Volunteers help with inventory and maintenance projects, meet new people and have fun! RSVP at www.bawt.org/gear-corps

GET A MINIGRANT!
Through the generosity of our donors, we offer minigrants to schools and organizations to support them in taking youth on outdoor trips. Apply at www.bawt.org/minigrants

OAKLAND OFFICE:
1050 East 8th Street
(at the corner of 11th Avenue)
Oakland, CA 94606

SOUTH BAY OFFICE:
Sobrato Center
471 Valley Way, Building 1
Milpitas, CA 95035
OPEN BY APPOINTMENT ONLY

CONTACT:
Aaron Gilbert, Program Director
(510) 452 2298 ext. 301
aaron@bawt.org

ABOUT US: BAWT’s mission is to create opportunities for youth from the San Francisco Bay Area to experience wilderness first hand. To achieve our mission, we train teachers and youth workers, provide outdoor gear loans, give financial support, and foster community collaboration.

www.bawt.org

LIKE US ON FACEBOOK!
www.facebook.com/BayAreaWildernessTraining

www.bawt.org

COURSE CATALOG
2017

Bay Area Wilderness Training (BAWT) is a project of Earth Island Institute, a 501(c)3 nonprofit organization.
**Wilderness Leadership Training (WLT)**
This intensive five-day entry-level backpacking course is designed to give youth workers and teachers the skills needed to lead youth on a wide variety of outdoor adventures. Course participants get full access to the Gear Libraries and other support services.

May 17-21: pre-trip meeting Saturday May 12, deadline for registration May 5. Location: Yosemite.

June 21-23: pre-trip meeting Saturday June 17, deadline for registration June 2. Location: Tahoe National Forest.

Fee: sliding scale $105 to $395, includes all course materials, camping equipment, and food.

3 units of credit available for teachers

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**Hiking Leadership Training (HLT)**
This 6-hour introduction course covers how to take youth on day hikes. Topics include games for the trail, LNT, meal planning, navigation, and other leadership skills. Courses take place in Open Spaces of Santa Clara Valley.

November 12, 2016, March 4, 2017, April 1, 2017

Fee: $25

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**Snowshoeing Basics**
This fun course will cover snow safety, proper clothing and equipment, and practical logistics for planning trips to the snow. All gear included.

Field Day: Saturday, February 11, 2017 in Tahoe National Forest

Pre-trip meeting: Wednesday, February 8, 6-8 PM, Oakland

Fees: $45 for alumni, $60 for general public

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**WINTER COURSES**

**Frontcountry Leadership Training (FLT)**
This entry-level camping course that covers the basic skills needed to lead safe, fun, and organized car-camping trips. All FLT courses include a 2-hour pre-trip meeting and Gear Orientation (GO!)

April 22-23: Tilden Regional Park; pre-trip meeting Tuesday April 18, 5-7 PM, Oakland

May 6-7: Joseph Grant Park (South Bay); pre-trip meeting Tuesday May 2, 7-9 PM, South Bay

October 14-15: Joseph Grant Park (South Bay); pre-trip meeting Tuesday October 10, 7-9 PM, South Bay

Fee: $65, includes all course materials, camping equipment, and food. ($50 for each additional participant from the same organization or school)

3 units of credit available for teachers

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**FREE GEAR**

After completion of our trainings, you are eligible to borrow gear for up to 30 youth from our Oakland or South Bay Gear Libraries — FREE OF CHARGE!
Wednesday, May 3, 2017  
Parks Commission  
Coyote Meadows Project

Between Story Road and HWY 280, just north of Happy Hollow or Kelly Park, and on the east bank of the Coyote River is Coyote Meadows. It is an approximate 50 acre site, mostly of Riparian corridor and open, grassy meadow. From 280, the most characteristic feature is the vertical radio towers and an elevated ‘mound’, a former Landfill for the City of San Jose. The Coyote Meadows Coalition, being led by Deb Kramer, has been formed to develop a plan for this 50 acre site. There is SCVOSA funding of the development effort at $77K and $10K from the San Jose Parks Foundation. The City and PRNS are fully behind and supportive of the effort.

The coalition is the usual suspects: Keep Coyote Creek Beautiful, Friends of the Five Wounds Trail, SJ Councilmember Tam Nguyen, Friends of Three Creeks Trail, Five Wounds/Brookside Terrace Neighborhood Association, San Jose Parks, CNPS, Audubon, and so forth. The vision: to Create an accessible urban open space park called ‘Coyote Meadows’ in the heart of San Jose and to establish a culture of community ownership.

I serve with Deb Kramer in the Coalition and she asked that I introduce the Parks Commission Members to the project. You will hear more about this soon. It really is going to become a special, public space. I encourage you to take advantage of one of our upcoming walking tours to become familiar with the site.
Progress To-Date

Formed Coyote Meadows Coalition in May 2016

Hosted first Community Meeting September 2016

Hosted Working Meetings to conduct research

Hosted Walking Tour November 2016

Held meetings regarding antennae and radio station needs

Expanded network of interested organizations and neighbors

Learned about possible real estate projects

Introductory meetings with PRNS, ESD, Water District Director, County Supervisor, and Councilmembers for D3 & D7

Received Open Space Grant for project planning

Planning next Walking Tours
# Parks and Recreation Commission

## Director’s Report

**Wednesday, May 3, 2017**

<table>
<thead>
<tr>
<th>Location</th>
<th>Council District</th>
<th>Information</th>
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<tr>
<td>Various</td>
<td>Citywide</td>
<td>PRNS celebrated the hard work and commitment of all our dedicated volunteers, during National Volunteer Week! On Thursday, April 27, 600+ PRNS volunteers from the Senior Nutrition program, the Community Centers, Happy Hollow Park and Zoo, the Anti-Graffiti/litter program and the Adopt-A-Park program enjoyed a visit to Happy Hollow Park &amp; Zoo. There, they were treated to a tasty dinner catered by DoubleH. They were invited to take a ride on the carousel and roller coaster, as well as be entertained by the puppet show and a zoo animal presentation. &quot;Volunteer of the Year&quot; awards were presented to 11 individuals/groups who exemplify excellent customer service and have made a difference in their respective programs. Mayor Liccardo thanked the volunteers for their efforts and 6 Council Districts were represented. A big thank you goes to the Commissioners that attended--we appreciate your support! The venue was the perfect place to honor our volunteers and it truly made the celebration a huge success!</td>
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**PRC Commissioners Retiring**

- Daphna Woolfe – 2 years of service
- Adelina Del Real – 2 years of service
- Barinder Ahluwalia – 4 years of service
- Trami Cron – 2 years of service [may be renewing]
- Chet Mandair – 1 year of service [renewal pending]
- Rudy Flores – 5 years of service
- Virginia Thomas – 4 years of service

CAKE AND COFFEE IN HONOR OF YOUR SERVICE! THANK YOU!
COMING JUNE 2017

it's HAPPENING!

Summer in St. James Park

YOGA  PERFORMANCE  CULTURAL ARTS  STARLIGHT CINEMA

FUN & GAMES  FITNESS  EVENTS  POETRY NIGHT

Visit us online to see what's happening this summer.
www.sanjoseca.gov/itshappening

Building Community Through Fun
Building Community Through Fun

it's HAPPENING!
Spring in Plaza de Cesar Chavez

Monday through Friday from 11:00am - 2:00pm
Zoom Caffe | Monday, Wednesdays and Fridays

Additional activities may be added! For the latest schedule, visit www.sanjoseca.gov/itshappening

DRINK!
Enjoy your coffee fix with Zoom Caffe.

RELAX!
Find a shady spot and enjoy the green grass.

SIT!
Grab a chair and table for an outdoor break.

PLAY!
Challenge a friend to an engaging game or perfect your skills.

Due to existing events scheduled at Plaza de Cesar Chavez, dates may change without notification. Please visit www.sanjoseca.gov/itshappening for an updated schedule.

Park activation and improvements funded in part by the John S. and James L. Knight Foundation and the Department of Parks, Recreation and Neighborhood Services. Building healthy communities through partnerships.
STILL ROLLING.

VIVA CALLESJ

SEPTEMBER 17, 2017

#VIVACALLESJ  WWW.VIVACALLESJ.ORG

Building Community Through Fun
KEEP YOUR EYES PEELED!
ROUTE WILL BE REVEALED ON MAY 11
IN COORDINATION WITH THE BAY AREA’S BIKE TO WORK DAY

SEPT | 2017
10AM TO 3PM

FOLLOW @VIVACALLESJ
HASHTAG #VIVACALLESJ
VISIT VIVACALLESJ.ORG
Presents: ¡VIVA PARKS! 2017

**TUESDAYS: 6:00 p.m. - 8:30 p.m.**
- Capitol Park: June 13
- Welch Park: June 20
- Plata Arroyo Park: June 27
- Capitol Park: July 11
- Mt. Pleasant Park: July 18
- Plata Arroyo Park: July 25
- Emma Prusch Farm Park: August 1
- Mt. Pleasant Park: August 8
- Plata Arroyo Park: August 15
- Capitol Park: August 22
- Mt. Pleasant Park: August 29

**THURSDAYS: 6:00 p.m. - 8:30 p.m.**
- Mayfair Park: June 15
- Roosevelt Park: June 22
- Hillview Park: June 29
- Emma Prusch Farm Park: July 6
- Hillview Park: July 13
- Mayfair Park: July 20
- Roosevelt Park: July 27
- Welch Park: August 3
- Hillview Park: August 10
- Mayfair Park: August 17
- Roosevelt Park: August 24
- Emma Prusch Farm Park: August 31

Excludes a Free Movie Night; Movie begins shortly after sunset (approximately 7:45pm) at the park.

Indicates a Skate Competition provided by Lake Cunningham Regional Skate Park.

VIVA PARKS! is a series of free public events focused on health and wellness resources, physical activities, and community engagement. Weekly activities vary from park to park, but may include:

- Zumba and Martial Arts Demos
- Zorb Races and Climbing Wall
- Hay Wagon Rides (Emma Prusch Only)
- Free Roller Skating (Roosevelt Only)
- Healthy Food Demos
- Bounce Houses
- Cultural Dance Performances
- Pop-Up Soccer
- Skate Demos and Competitions
- Community Resources
- Physical Fitness

For more information, please contact Marco Hernandez at marco.hernandez@sanjoseca.gov or (408) 793-5532.
¡VIVA PARKS! 2017

MARTES 6:00 p.m. – 8:30 p.m.
- Parque Capitol: Junio 13
- Parque Welch: Junio 20
- Parque Plata Arroyo: Junio 27
- Parque Capitol: Julio 11
- Parque Mt. Pleasant: Julio 18
- Parque Plata Arroyo: Julio 25
- Parque Emma Prusch Farm: Agosto 1
- Parque Mt. Pleasant: Agosto 8
- Parque Plata Arroyo: Agosto 15
- Parque Capitol: Agosto 22
- Parque Mt. Pleasant: Agosto 29

JUEVES: 6:00 p.m. – 8:30 p.m.
- Parque Mayfair: Junio 15
- Parque Roosevelt: Junio 22
- Parque Hillview: Junio 29
- Parque Emma Prusch Farm: Julio 6
- Parque Hillview: Julio 13
- Parque Mayfair: Julio 20
- Parque Roosevelt: Julio 27
- Parque Welch: Agosto 3
- Parque Hillview: Agosto 10
- Parque Mayfair: Agosto 17
- Parque Roosevelt: Agosto 24
- Parque Emma Prusch Farm: Agosto 31

(*) Indica una noche de película gratuita, la película comienza después de la puesta del sol (Aproximadamente 8:45pm)
(‡) Indica un concurso de patinaje proporcionado por el Parque Regional Lake Cunningham

VIVA PARKS! es una serie de eventos gratuitos enfocados en recursos de salud y bienestar, actividades físicas y participación de la comunidad. Las actividades varían de semana a semana, pero pueden incluir:
- Demostración de zumba y artes marciales
- Carreras con elásticos y Muro de escalada
- Demostración de halteres saludables
- Recursos para la comunidad
- Demostración de patinaje
- Saltadores de aire
- Competencias de patinaje
- Aptitud física
- Paseos en el heno (Sólo en Emma Prusch)
- Patinaje sobre ruedas (Sólo en Roosevelt)
- Acuaticas de Bailes culturales

Para más información, comuníquese con Marco Hernandez al 408-793-5532 o marco.hernandez@sanjose.gov
What is an Age Friendly city?

In 2006, the WHO (World Health Organization) recognized two major global trends: rapid aging and increasing urbanization. A major study was launched around the globe to determine what amenities optimize and enhance the quality of life for residents as they age. These results launched WHO's Global Age-Friendly Cities.

Through the creation of policies and services for older adults, San José is establishing a dynamic community that supports healthy and vibrant lives for all.

For questions or more information, contact: AgeFriendly@sanjoseca.gov
Our Top 8 Priorities

**Housing**
- Provide affordable, accessible housing for seniors
- Increase funding for affordable home-safety modifications
- Require new urban development and housing to consider safety and access needs of seniors

**Transportation**
- Provide affordable transportation to senior centers
- Coordinate transit services (BART, Caltrain, bus, light rail) to serve seniors' needs
- Provide safe and pleasant roads, streets, sidewalks, parks, and trails

**Social Participation**
- Encourage development of more intergenerational programs
- Expand affordable, accessible continuing education for seniors

**Respect & Social Inclusion**
- Develop an educational campaign to reduce ageism
- Reduce social isolation of older adults
- Promote peer advocates in senior centers
- Provide additional computer training and internet access through the creation of a digital inclusion program

**Civic Participation & Employment**
- Strengthen volunteer coordination and opportunities for seniors
- Provide flexible employment training and access for older adults

**Communication & Information**
- Create a new centralized office to manage outreach, coordinate activities across City agencies, and provide support to senior-serving organizations
- Provide and manage an Age-Friendly website
- Ensure City communications to seniors are available in multiple languages
- Create a toolbox of senior resources that can be distributed in multiple areas throughout the City where seniors congregate
- Develop an emergency preparedness campaign for San José seniors

**Community Support & Health Services**
- Improve caregiver resources
- Combat elder abuse

**Outdoor Spaces & Buildings**
- Provide safe and pleasant parks and trails
- Create more fitness and outdoor programs for seniors
- Explore senior fitness areas in parks