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**PACIFIC GAS AND ELECTRIC COMPANY OFFERS TIPS TO STAY SAFE AND COOL THIS
SUMMER**

Information on Cooling Centers Now Available to Help Customers Beat the Heat

SAN FRANCISCO – Summer is nearly here, and as the weather warms up, PG&E reminds customers to stay safe by taking action to stay cool. Extreme heat can be a health hazard and even life-threatening if the proper precautions are not taken. As a service to our customers, PG&E offers some helpful tips to beat the heat as well as information on local cooling centers where people can go when hot weather becomes unbearable.

Cooling centers are free locations where anyone can go to cool off when temperatures are unusually high, especially those who have a high risk of experiencing heat related illness such as senior citizens, people with a medical condition, infants and young children. PG&E is working with county and city governments to identify cooling centers in regions that typically experience severe heat during the summer. To find out if there is a cooling center near you; customers can call PG&E's Cooling Center Locator Line at 1-877-474-3266 or visit www.pge.com/coolingcenter where customers will find an easy to use Cooling Center Locator and useful tips on how to stay cool this summer.

For customers who are sensitive to extreme heat, PG&E offers a service that provides advance notification in the rare event of a rotating power outage. PG&E will attempt to call heat sensitive customers before these types of outages occur, so customers can prepare ahead of time. To sign up for this free service, customers can call PG&E's customer service line at 1-800-PGE-5000 or visit www.pge.com to fill out a Temperature Sensitive Customer application.

PG&E also reminds low income customers that when extremely hot weather strikes, relief for high electricity bills is available through the REACH-Plus program. REACH-Plus provides a grant of up to \$300 to help pay energy bills for qualifying customers. For more information on the REACH-Plus program, customers can visit www.pge.com/reach.

Tips to stay safe and cool this summer:

- Plan ahead and pay attention to local weather forecasts
- Avoid strenuous activities in hot, direct sunlight
- Drink plenty of water and avoid drinking alcohol or caffeine when the weather is hot
- Wear light weight, loose, light-colored clothing
- Take a cool shower or bath
- Plan trips to a movie theatre, shopping mall or other public place with air conditioning
- Pay attention to your body. Muscle cramps, dizziness and nausea are signs that you or someone else may be suffering from a heat-related illness

For more information about Pacific Gas and Electric Company, visit www.pge.com