



# ACTIVE ADULTS SERVICES 50+

## SENIOR ADULT LEGAL ASSISTANCE (SALA)

SALA provides legal assistance by trained counselors for seniors aged 60 and over at most centers. Appointments are available by contacting your local center. Counselors can help you with Durable Power of Attorney, elder abuse, Social Security or SSI issues and simple wills.

## SENIORNET LEARNING CENTER OF SAN JOSÉ

SeniorNet's mission is to provide older adults education for and access to computer technology to enhance their lives and enable them to share their knowledge and wisdom. SeniorNet, a nonprofit organization, teaches adults (age 50 plus) how to use computers and the Internet. Classes are designed for the beginner to the intermediate student with offerings changing every eight weeks. For more information on current offerings visit the SeniorNet.

## TRANSPORTATION

Transportation is available to most centers by City Van and/or by the VTA Paratransit Outreach program at no charge. Please contact your local center for details.

## TRANSPORTATION DISCOUNT TICKETS: FLASH PASS & BART

Most centers offer BART tickets to those aged 65+. Each \$9 ticket is good for \$24 worth of BART rides. In addition, the VTA Monthly Flash Passes (unlimited monthly rides on County transit buses and light rail) are available to seniors over age 65 for \$20. Seniors need to have a VTA ID Card to purchase the FLASH PASS.

## VIAL OF LIFE

The Vial of Life kit enables emergency responders to quickly locate medical information about you in case you are unable to speak for yourself. A small vial stored in your refrigerator and glove compartment provides all you pertinent medical information. Paramedics, Police and Firefighter are trained to look for the Vial of Life sticker on your refrigerator or glove compartment. Pick up your Vial of Life from your local center.

# MUNICIPAL GOLF COURSES

## SAN JOSÉ MUNICIPAL GOLF COURSE

1560 Oakland Road | 408-441-4653  
18-hole  
150 acres  
Par 72  
Wide fair-ways  
Challenging greens  
Mature trees  
An experience to remember!  
[sjmuni.com](http://sjmuni.com)

## RANCHO DEL PUEBLO GOLF COURSE & DRIVING RANGE

1649 Hermosilla Way | 408-347-0990  
9-hole Executive course  
1,418 yards  
Par 28  
Walking course with artful bunkering  
Serene Ponds  
Private and group lessons  
Golf shop stocked with merchandise  
Driving range  
Practice putting greens  
Snack Bar  
[ranchodelpueblo.com](http://ranchodelpueblo.com)

## LOS LAGOS GOLF COURSE

2995 Tuers Road | 408-361-0250  
18-hole  
Par 68  
5,393 yards  
Clubhouse rented for private use  
Sloping fairways  
Striking water features  
Grand oak trees  
Heavily forested creek  
Appeals to all playing abilities  
[playloslagos.com](http://playloslagos.com)