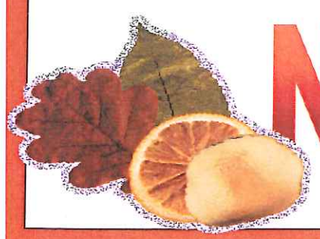
MON	TUES	WED	THURS	FRI	SAT
9:15 - 9:45- COMPUTER LAB 9:30-10:00- Community Meeting 10:00-12:00 Basketball - w/ Dennis ~ 10:00-11:00 ~ Value Buying 10:30-12:00- News Grabbers & Health Watch- 10:30-12:00- Anger Management 11:00 - 12:00 NO CIGS TODAY 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00~ **SAFE CIRCLE** 1:15-3:00 - Art Studio w/ Dennis **3**	9:15 - 9:45- COMPUTER LAB 9:30-10:00 - Community Meeting - Front Room 10:30-11:30 - U Grill It - 10:00-12:00 - Stained Glass~ 10:30-12:00 BEADING ~ w/ Debbie & Lisa L 10:30-12:00 - LIFE SKILLS 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 Yoga ~ 1:30-2:30 Entertainer w/ Wendy 1:30 - 3:30 Sewing- **4**	9:30-10:00- Community Meeting 10:00-5:00 - Flying Friends Outing 10:00-10:30 Piano Time 10:00~12:00- BASKETBALL~ 11:00-12:00~ AMY'S SHIN-DIG 10:30-12:00 MICHAEL'S IN THE HOUSE 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - Resource Hour 1:30-3:00 ~ Art Witness & Dance Party . **5**	9:30-10:00- Community Meeting 10:30-12:00~ Arts & Crafts w/ Gloria A & Harriet 10:30-4:00- Nature Outing ~ w/ Dennis~ 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00 Sewing ~ w/ Harriet & Susan 1:00~ G.A.B. w/ Gloria A 2:00-3:30~ Art Therapy w/ Lisa G & Stacey **6**	9:00-10:00 ~COMPUTER LAB 9:30-10:00 - Community Meeting 10:00-11:00~ Gardening 10:30-12:00~ Living w/ Grace 10:30-12:00 ~ Gardening w/ Susan & Sal 10:30-12:00~ MEN'S GROUP 11:00-12:00~ NO CIGS 10:30-12:00~ Entertainer w/ Wendy 12:00 -1:00 - LUNCH w/ Teresa 1:30-3:00~ New You Hair Salon 1:30-2:30~ Clothes Closet 1:30-3:30 ~Open Art Studio 1:30-4:00 ~*Leisure Walk* 5:30-7:30~ MOVIE NIGHT **7**	10:15-10:30 Community Meeting 10:30-12:30 Movie Morning 10:30-12:00 Aerobics 10:30-12:00 Saturday Surprise 10:30-12:00 LITTLE VICTORIES GOALS GROUP 10:30-12:00 Pool Tournament w/ Danny 12:00-1:00 Lunch w/ Lisa L. 12:45-1:45 Bingo **8**
9:15 - 9:45- COMPUTER LAB 10:00-12:00 Basketball - w/ Dennis ~ 10:00-11:00 ~ Value Buying 10:30-12:00- News Grabbers & Health Watch- 10:30-12:00- Anger Management 11:00 - 12:00 NO CIGS TODAY 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00~ SAFE CIRCLE 1:15-3:00 - Art Studio w/ Dennis **10**	**CENTER CLOSED** VETERANS HOLIDAY **11**	9:30-10:00- Community Meeting 10:00-5:00 - Flying Friends Outing 10:00-10:30 Piano Time 10:00~12:00- BASKETBALL~ 11:00-12:00~ AMY'S SHIN-DIG 10:30-12:00 MICHAEL'S IN THE HOUSE 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - Resource Hour 1:30-3:00 ~ Art Witness & Dance Party . **12**	9:30-10:00- Community Meeting 10:30-12:00~ Arts & Crafts w/ Gloria A & Harriet 10:30-4:00- Nature Outing ~ w/ Dennis ~ 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00 Sewing ~ w/ Harriet & Susan 1:00~ G.A.B. w/ Gloria A 2:00-3:30~ Art Therapy w/ Lisa G & Stacey **13**	9:00-10:00 ~COMPUTER LAB 9:30-10:00 - Community Meeting 10:30-12:00~ Living w/ Grace 10:00-11:00 ~**MHAP** 10:30-12:00 ~ Gardening w/ Susan & Sal 10:30-12:00~ MEN'S GROUP 11:00-12:00~ NO CIGS 10:30-12:00~ Entertainer w/ Wendy 12:00 -1:00 - LUNCH w/ Teresa 1:00-1:30~**NOVEMBER *BIRTHDAYS*** in the Front Room 1:30-3:00~ New You Hair Salon 1:30-2:30~ Clothes Closet 1:30-3:30 ~Open Art Studio 1:30-4:00 ~Leisure Walk w/ Gloria T. 5:30-7:30~ MOVIE NIGHT **14**	10:15-10:30 Community Meeting 10:30-12:30 Movie Morning 10:30-12:00 Aerobics 10:30-12:00 Saturday Surprise 10:30-12:00 LITTLE VICTORIES GOALS GROUP 10:30-12:00 Pool Tournament w/ Danny 12:00-1:00 Lunch w/ Lisa L. 12:45-1:45 Bingo **15**
9:15 - 9:45- COMPUTER LAB 9:30-10:00- Community Meeting 10:00-12:00 Basketball - w/ Dennis in 10:00-11:00 ~ Value Buying 10:30-12:00- News Grabbers & Health Watch- 10:30-12:00- Anger Management 11:00 - 12:00 NO CIGS TODAY 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00~ SAFE CIRCLE 1:15-3:00 - Art Studio w/ Dennis **17**	9:15 - 9:45- COMPUTER LAB 9:30-10:00 - Community Meeting - Front Room 10:00-11:00 ~ Monthly Meditation 10:30-11:30 - U Grill It - 10:00-12:00 - Stained Glass 10:30-12:00 BEADING ~ *w/ Debbie & Lisa L* 11:00-12:00 - LIFE SKILLS 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 Yoga ~ 1:30-2:30 Entertainer w/ Wendy 1:30 - 3:30 Sewing- **18**	9:30-10:00- Community Meeting 10:00-5:00 - Flying Friends Outing 10:00-10:30 Piano Time 10:00~12:00- BASKETBALL~ 11:00-12:00~ AMY'S SHIN-DIG 10:30-12:00 MICHAEL'S IN THE HOUSE ~ 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - Resource Hour 1:30-3:00 ~ Art Witness & Dance Party ~ **CANCELED** **19**	9:30-10:00- Community Meeting **10:00-11:00~ Whiffle Ball w/ JO** NEW! 10:30-12:00~ Arts & Crafts w/ Gloria A & Harriet 10:30-4:00- Nature Outing ~ w/ Dennis~ 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00 Sewing ~ w/ Harriet & Susan 1:00~ G.A.B. w/ Gloria A 2:00-3:30~ Art Therapy w/ Lisa G & Stacey~**CANCELED** **20**	9:00-10:00 ~COMPUTER LAB 9:30-10:00 - Community Meeting 10:30-12:00~ Living w/ Grace 10:30-12:00 ~ Gardening w/ Susan & Sal 10:30-12:00~ MEN'S GROUP 11:00-12:00~ NO CIGS 10:30-12:00~ Entertainer w/ Wendy 12:00 -1:00 - LUNCH w/ Teresa 1:30-3:00~ New You Hair Salon 1:30-2:30~ Clothes Closet 1:30-3:30 ~Open Art Studio 1:30-4:00 ~Leisure Walk w/ Gloria T. 5:30-7:30~ MOVIE NIGHT **21**	10:15-10:30 Community Meeting 10:30-12:30 Movie Morning 10:30-12:00 Aerobics 10:30-12:00 Saturday Surprise 10:30-12:00 LITTLE VICTORIES GOALS GROUP 10:30-12:00 Pool Tournament w/ Danny 12:00-1:00 Lunch w/ Lisa L. 12:45-1:45 Bingo **22**
9:15 - 9:45- COMPUTER LAB 9:30-10:00- Community Meeting 10:00-12:00 Basketball - w/ Dennis in 10:00-11:00 ~ Value Buying 10:30-12:00- News Grabbers & Health Watch- 10:30-12:00- Anger Management 11:00 - 12:00 NO CIGS TODAY 12:00-1:00 - LUNCH w/ Teresa 1:00-3:00~ SAFE CIRCLE 1:15-3:00 - Art Studio w/ Dennis **24**	**CENTER CLOSED** **During the day** **THANKSGIVING DINNER DANCE & TALENT SHOW** **5:00 pm TO 9:00 pm** **$ 4.00 ADMISSION** **25**	9:30-10:00- Community Meeting 10:00-5:00 - Flying Friends Outing 10:00-10:30 Piano Time 10:00~12:00- BASKETBALL~ 11:00-12:00~ AMY'S SHIN-DIG 10:30-12:00 MICHAEL'S IN THE HOUSE ~ 12:00-1:00 - LUNCH w/ Teresa 1:00-2:00 - Resource Hour 1:30-3:00 ~ Art Witness & Dance Party . **26**	**CENTER OPENED** **10:00-2:00** **free lunch** THANKSGIVING HOLIDAY **27**	**CENTER CLOSED** THANKSGIVING HOLIDAY **28**	10:15-10:30 Community Meeting 10:30-12:30 Movie Morning 10:30-12:00 Aerobics 10:30-12:00 Saturday Surprise 10:30-12:00 LITTLE VICTORIES GOALS GROUP 10:30-12:00 Pool Tournament w/ Danny 12:00-1:00 ~ Lunch w/ Lisa L. 12:45-1:45~ Bingo **29**



NOVEMBER

schedule subject to change

Revised 11/10/2008