



# All Access Recreation

A newsletter of the Social Recreation sections of the City of San José's Department of Parks, Recreation & Neighborhood Services

## 2nd Annual Disability Awareness Day—Thursday, October 8, 2009 San José City Hall Plaza

Come out and join us for a great day of entertainment, information and celebration! Disability Awareness Day is a celebration of diversity, awareness and empowerment for persons with differing abilities.

Activities will include free workshops, a resource fair, food vendors, games and activities, sports exhibitions, art displays and demonstrations, and empathy experiences.

For more information, please call 408-369-6438 or visit [www.DAD.sjdistrict1.com](http://www.DAD.sjdistrict1.com), or e-mail [DAD@sjdistrict1.com](mailto:DAD@sjdistrict1.com).



*Campers from playcamp at Kirk Community Center have fun on scooter boards*

## HIRLN Thanksgiving Dinner Wednesday, November 18, 2009 Mayfair Community Center 6:00-9:00 p.m.

Thanks to a generous sponsorship from Services for Brain Injury and the City of San José, we will be hosting the annual Thanksgiving dinner once again. We will be going back to our good old fashioned style with home cooked items made with love. This event is designed for survivors of head injuries, and their families.

For more information or to donate raffle items, please contact Liz Best at 408-794-1065 or [Liz.Best@sanjoseca.gov](mailto:Liz.Best@sanjoseca.gov).



## Playcamps summer 2009 A much needed service

The City of San José's Therapeutic Services has been a long time provider of services for children with Autism Spectrum Disorders. This summer we were able to provide five different camp sessions at three locations. Each of the camps were full and had waiting lists. One of the parents summed up the value beautifully in a thank you letter to our staff: "To see how much my child benefits from a program like this...I would gladly drive a hundred miles for that."

## All Access Recreation Newsletter

All Access Recreation is a section of the City of San José, Parks, Recreation and Neighborhood Services, Therapeutic Services. Our newsletter will be published four times per year and highlight some of our exciting upcoming events and other community activities. In addition, we will include information about our ongoing recreation programs and services for persons with cognitive disabilities. We welcome comments, suggestions for events to include, and personal stories on how our services have impacted your life. Please email Lisa Yarn at [Lisa.yarn@sanjoseca.gov](mailto:Lisa.yarn@sanjoseca.gov).

## Enhanced Teen Services at a Center Near You

Bowling, computers, hanging out with friends, acting and singing, and hip hop dance. What teen doesn't enjoy these kinds of activities. Therapeutic Services is now offering a number of programs and special events for teens with disabilities. Programs are offered at Roosevelt, Mayfair, and Camden Community Centers as well as locations in the community. We will also be offering some special options during the Winter Break in December. Visit the City's online registration site for more details at [www.sanjoseca.gov/prns/register](http://www.sanjoseca.gov/prns/register) and select Therapeutic Services/Disability Svcs from the activity category drop down menu.



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Parks, Recreation and  
Neighborhood Services

## Fall 2009 Featured Programs

The following programs are a **small sample** of programs for youth with cognitive disabilities. Suggested program ratios are listed. If you have questions or want more information, contact us at 408-369-6438 or [lisa.yarn@sanjoseca.gov](mailto:lisa.yarn@sanjoseca.gov).

### Teen Center Programs:

Why sit at home when you could be hanging out with friends at the Teen Center? Come relax, listen to music, play the latest video games on flat screen tv's, play pool, compete in a Wii tournament and more! Activities will also include crafts, board games, outdoor sports, and perhaps a field trip or two. Suggested ratio is 1:5

**Roosevelt Teen Zone:** Fridays from 6-8pm. Course #234.2.1110 (9/18/09-12/18/09)

**Camden Teen Center:** Mondays from 6-8pm. Course #263.2.1110 (09/21/09-11/16/09)

**Mayfair Teen Center (inclusion):** Monday/Wednesday from 3-6pm. Course #210.2.1129 (9/28-12/9)

### Teen Winter Camps:

These three day camps are for teens with cognitive disabilities. Activities will include pool, air hockey, foosball, video games, socializing with peers, and perhaps a special event or field trip. Staff ratio is approximately 1 to 5.

**Mayfair Community Center:** Monday—Wednesday, 12-4pm. Course #210.2.1134 (12/21/09-12/23/09).

**Camden Community Center:** Monday-Wednesday, 10am-2pm. Course #263.2.1112 (12/28/09-12/30/09).

### Weekday Kinderfun:

A weekday version of our popular Saturday play program for children with developmental disabilities, including those with Autism Spectrum Disorders (ages 6-12). This class focuses on fun with music, games, arts and crafts, and movement activities. Children should bring a snack to program each day.

**Mayfair Community Center:** Tuesdays from 3:30-5:30pm. Course #210.2.1127 (9/29/09-11/19/09)

### Life is a Stage:

This program is for teens with cognitive disabilities who want to explore dramatic play, perform on stage, or just have fun. Activities include improvisational games, storytelling, and performances. These drama games are an excellent way to make new friends, find out about your own talents and have a great time. Staff ratio is 1 to 5.

**Roosevelt Community Center:** Mondays from 5:15-6:15pm. Course #234.2.1111 (9/14/09-10/26/09).  
Course#234.2.1112 (11/02/09-12/07/09)

### How to view all of our course offerings:

1. Go to website [www.sanjoseca.gov/prns/register](http://www.sanjoseca.gov/prns/register)
2. Select the activity category drop down menu
3. Select *Therapeutic Services/Disability SVCS*
4. You can also sort activities by location, dates offered, and age

Once you find a course you would like to register for, you have several options:

- **Create an online account and register via credit card online.**
- **Walk In Registration—visit your local community center and pay by cash (exact change only), check, or credit card.**
- **Mail In Registration—complete the form which can be found at [www.sanjoseca.gov/prns](http://www.sanjoseca.gov/prns) and mail with payment to your local community center.**
- **Fax In Registration—complete the form (see above) and fax with credit card payment to your local community center.**

Questions or comments? Send an e-mail to Lisa Yarn at [Lisa.yarn@sanjoseca.gov](mailto:Lisa.yarn@sanjoseca.gov)

### All Access Recreation is:

Citywide Therapeutic Services  
3369 Union Ave.  
San José, CA 95124  
Phone: 408-369-6438  
Fax: 408-559-1203

Roosevelt Community Center  
901 E. Santa Clara St.  
San José, CA 95116  
Phone: 408-794-7530  
Fax: 408-294-7981

Mayfair Community Center  
2039 Kammerer Ave.  
San José, CA 95116  
Phone: 408-794-1065  
Fax: 408-347-9732

[www.sanjoseca.gov/prns/therapeutic\\_services](http://www.sanjoseca.gov/prns/therapeutic_services)