Select HMO:
An affordable HMO network

Uncomplicated coverage. Your care is guided by your doctor, from primary care to referrals to a specialist.

Our HMO health benefit plans coordinate health care services with the member, a medical group or independent practice association (IPA) and a primary care doctor (PCP). The PCP coordinates all health care, including routine checkups, treatment and referrals, as needed.

How does Select HMO work?

Select HMO combines a cost-efficient network with a dynamic benefit design. Members have access to a robust network of medical groups, hospitals and doctors — within 22 key counties statewide — that have demonstrated the most cost-efficient practice patterns and hospital referrals. All you have to do is go to anthem.com/ca and search the “Find a Doctor” site. You may also call the customer service number on your member ID card.

Select HMO advantages include:

- Low, predictable out-of-pocket costs.
- Access to more than 27,000 California Select HMO doctors and specialists and more than 390 hospitals.
- Emergency care coverage around the world and around the clock.
- Easy referrals coordinated by your primary care doctor.
- Well Woman, a program that allows female members to self-refer to participating OB-GYNs.

Online tools and support including helpful decision-making tools, valuable health resources, personal guidance, discounts on health-related products and more.

Access to anthem.com/ca, your link to services, benefit and provider information. When you get your ID card, register for online services at anthem.com/ca to tap into a whole suite of decision-making tools and health resources.

Participating Select HMO counties:

- Alameda
- Contra Costa
- Fresno
- Imperial
- Kern
- Los Angeles
- Merced
- Nevada
- Orange
- Placer
- Riverside
- Sacramento
- San Bernardino
- San Diego
- San Francisco
- San Joaquin
- Santa Clara
- Santa Cruz
- Stanislaus
- Tulare
- Ventura
- Yolo

Select HMO network gives you what you expect from a health plan at an affordable cost.

We look forward to serving you!